

Read the Word: Matthew 5:1-16

Disciple Your Family: Discuss how to be salt and light to those around us and live out the godly principles of the Beatitudes.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Find True Happiness by Taking On and Living Out Godly Attitudes (Matthew 5:1-12)

APPLY: Find happiness and blessing by allowing Jesus to develop godly attitudes in you.

- How do these godly attitudes conflict with the attitudes and values of the world?
- Why do these attitudes bring true happiness? (They align with the way God made us and the purpose He has for our lives.)

APPLY: Evaluate yourself for the presence and strength of these attitudes.

- What role does humility play in the Beatitudes? Why is pride in direct conflict with the things Jesus mentioned?
- Which attitudes need to grow stronger in you? What can you do to help make that happen?
- Some of the Beatitudes involve suffering. How should Christians view suffering?

APPLY: Ask those closest to you to help you determine where you need to grow in these attitudes.

- Which attitudes would those around you say are strengths for you? Which would they say are weaknesses?



Key Truth: Glorify God by Being Salt and Light to Those Around Us (Matthew 5:13-16)

APPLY: Like salt, flavor your life and relationships with kingdom values and preserve those values in the midst of the sin around us.

- What does it look like to flavor our lives and relationships with kingdom values? How can we help preserve those values?
- What should be a Christian's role in trying to influence the culture?
- Is it simply enough to lead by example, or are we called to do more to influence the world around us? Explain.

APPLY: Shine the light of godly values for all to see.

- What do we learn from the word pictures Jesus used in verses 14-15?
- What do we mean when we say we should shine our light for all to see?
- How might shining our light influence our family, friends, and coworkers?

Build a Foundation: Discussion questions for elementary students.

- What do we call the eight attitudes Jesus taught in His Sermon on the Mount? (Beatitudes)
- How are the attitudes Jesus taught different from the attitudes the world encourages?
- Why is demonstrating the right attitudes important to your testimony?

Work together to memorize the Verse of the Month: **Matthew 6:33**



Discuss This Week's Building Block:

Jesus' best-known sermon, the Sermon on the Mount, is recorded in Matthew 5–7.

Everyday Extras:

Talk with your family about the different characteristics given in Matthew 5:1–16. Write them on Post-it notes and place them in prominent areas around your home so you will see them as a reminder of the attitudes we should display. Encourage each other to be salt and light in the world.

Preschool Highlights:

Today your child learned Jesus taught His disciples and others who came to hear Him speak about attitudes we should have in our lives—the Beatitudes. Matthew 5:4 says, *Blessed are those who mourn* (the feeling when someone we love dies or is lost), *for they shall be comforted*. **The Bible Teaches Me** Jesus will comfort me when I am mourning.

Read the Word: Matthew 5:17-48

Disciple Your Family: Discuss how we should obey the intent of God's Word in all circumstances.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Obey God Even When It Is Difficult (Matthew 5:17-30)

APPLY: The Old Testament is God's inspired Word and should be learned, understood, and obeyed.

- *How should we respond to those who say it is not important to learn and obey the Old Testament?*

APPLY: Don't let anger spill over into hurtful words or actions. Be quick to forgive.

- *Why do you think Jesus went beyond outward action to address inward attitudes of the heart? (Ultimately, our actions flow from our heart motivation; God is concerned with the condition of our hearts; etc.)*

APPLY: Don't look at others with lustful desire.

- *There is a difference between appreciating beauty and lusting. How would you explain the difference? (The difference between a quick acknowledgment and a lingering look, filled with desire.)*
- *How can a Christian manage his or her sexual desire so that it doesn't become destructive?*



Key Truth: Show Integrity Even When It Is Inconvenient (Matthew 5:31-37)

APPLY: Live with integrity, honoring and obeying the intent of God's Word. Do not look for excuses or loopholes to release you from obeying God.

- *How does Jesus' teaching on marriage and divorce apply today?*
- *What excuses or loopholes do people use today seeking to get around the intent of God's Word?*

APPLY: Keep your promises even when it will cost you.

- *Why is it important for Christians to be intentional about telling the truth? How might our witness be damaged if we're not known for being truthful or honoring our commitments?*
- *Does telling the truth involve absolute transparency? Explain.*



Key Truth: Love People Even When They Take Advantage of You (Matthew 5:38-48)

APPLY: Follow Christ's example by going the extra mile to keep the peace, rather than escalating the situation by retaliating.

- *What does it look like to go the extra mile to keep the peace, rather than escalating the situation by retaliating?*
- *How would our world be different if people lived by Jesus' teaching regarding retaliation?*

APPLY: Keep growing in spiritual maturity by loving friends and enemies alike.

- *Jesus set an example of loving all people, including those who opposed Him. How is that different from what comes natural to us?*
- *Share examples of real-life situations where you saw people loving their enemies. What type of impact did that make?*

Build a Foundation: Discussion questions for elementary students.

- What did Jesus come to do for the Law (the Ten Commandments)?
- Why does Jesus want His followers to go beyond just obeying what the Ten Commandments say?
- What are some actions you can take to help you view things with a godly perspective?

Work together to memorize the Verse of the Month: **Matthew 6:33**



Discuss This Week's Building Block:

Jesus began the Sermon on the Mount with the Beatitudes, eight statements of blessing based on the attitudes valued in God's kingdom.

Everyday Extras:

Cut out hearts from construction paper and copy paper. Write different "heart rules" on the hearts. Some examples include Forgive others, Be honest, Love your enemies, Pray for someone who hurt you, Don't stay angry, Choose joy, Do more than expected. Let family members decorate the hearts and display them around your house to remind everyone to live and love like Jesus.

Preschool Highlights:

Today your child learned **The Bible Teaches Me** the meek are blessed (Matthew 5:5). Meek people are gentle with their words and actions, care about others the way God does, and don't brag about themselves. God's blessings aren't always things like money or gifts but include the good feeling of helping and showing kindness to others.

Read the Word: Matthew 6:1-18

Disciple Your Family: Discuss how we can do good deeds and pray to honor and glorify God, not to be seen by people.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Do Righteous Deeds for God's Glory, Not Your Own (Matthew 6:1-4)

APPLY: Do good deeds quietly and discreetly out of love for God and others, not to be seen by people.

- *Why is it tempting to want our good works to be seen by others?*
- *How has social media increased the temptation to have our works seen by others?*
- *How can we guard against doing good things to be seen by people, rather than to please the Lord? (Be careful not to intentionally attract attention; don't mention our service to others; ask forgiveness for pride and seek to keep the focus on God; etc.)*
- *When serving others, how can we make sure our hearts are in the right place and we're not simply looking to pat ourselves on the back for a job well done?*



Key Truth: Pray for God's Glory, Not Your Own (Matthew 6:5-15)

APPLY: When praying, include elements of Jesus' model prayer.

- *Do you think Jesus intended His prayer to become a specific prayer to be repeated or a model of what elements should be included in our prayers? Explain your answer.*

APPLY: Remember you are praying to your all-knowing and all-powerful Father who loves you and wants what is best for you.

- *How does knowing God loves you and wants what is best for you affect your prayers?*

APPLY: When praying, focus on God's will and truth rather than what sounds good to other people.

- *God's Word tells us our prayers should align with God's will and plan (1 John 5:14-15). How should this affect how we pray?*

APPLY: Pray for God to supply your daily needs, including forgiveness of daily sins.

APPLY: Forgive others as God forgives you through Christ.

- *Why is it difficult to forgive some people? Why is it important to do so?*



Key Truth: Fast for God's Glory, Not Your Own (Matthew 6:16-18)

APPLY: Seek God by fasting, but don't let others know you are doing so.

- *How does fasting help us focus on God?*
- *Why did Jesus emphasize that fasting should be done in secret?*
- *In what ways does the Christian life contrast with the self-promotion we often see in today's world?*
- *How can we make sure we're living for God's glory and not our own glory?*

Build a Foundation: Discussion questions for elementary students.

- What is prayer and why is it important? (Prayer is talking to God. It helps grow your relationship with Him.)
- Why is it important to praise God in your prayers?
- Why is forgiveness an important part of your prayers?
- When do you find it easy to pray? When do you find it hard?

Work together to memorize the Verse of the Month: *Matthew 6:33*



Discuss This Week's Building Block:

Prayer is talking with God.

Everyday Extras:

Read the Lord's Prayer together. Go to the bonus tools on the home section at www.d6family.com. Download the different parts of the Lord's Prayer and cut the strips apart. As you talk about the different parts of this model prayer, glue the corresponding strip to empty boxes and stack the boxes on top of each other. Remind family members Jesus gave us this prayer to help us talk to God.

Preschool Highlights:

Today your child learned mercy is when you don't get the punishment you deserve. **The Bible Teaches Me** in Matthew 5:7 those who show mercy are blessed for they will be given mercy. We receive mercy from Jesus and He wants us to show mercy to those around us. Your child heard a story where Jamie Webster learned an important lesson on mercy from his parents.

Read the Word: Matthew 6:19–34

Disciple Your Family: Discuss giving God priority over all possessions and trusting Him to provide every need.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Have a Healthy View of Money and Material Possessions
(Matthew 6:19–24)

APPLY: Focus on eternal matters more than on earthly ones.

- What do you think Jesus meant when He advised us to lay up treasures in Heaven? Give some examples.
- What are some ways Christians can lay up treasures in Heaven and value things that reflect God's presence and authority?

APPLY: Model what is good and right by seeing and doing things God's way.

- What is a healthy view of money and possessions? How can we develop that?
- How can we honor God with our money, even when our finances are tight?

APPLY: Devote yourself to serving God, not money.

- How does our spending reveal where our hearts and priorities are?
- Why is it impossible to serve two masters? How do we sometimes try to do this?



Key Truth: There Is No Reason to Worry About Our Needs if We Seek God's Kingdom First (Matthew 6:25–34)

APPLY: Don't worry about your basic needs. Trust God to provide as you follow Him.

- What are some things that create the most anxiety in our world?
- Are you more likely to have anxiety over things that are within your control or out of your control? Explain.
- What is our role in providing for our needs? (Trust God; be willing to work; find and hold a job; etc.)

APPLY: Make God and His kingdom your highest priority.

- What does it look like to make God and His kingdom our highest priority? How does that apply to our worries?
- What do you think it would take to arrive at a point in life where you trusted God in such a way that you rarely, if ever, worried?
- What are some things that have helped you turn your anxieties and worries over to God?

Build a Foundation: Discussion questions for elementary students.

- What do the things a person places value on say about his or her heart?
- What are some things our world places priority on?
- What does it mean to have a kingdom outlook? (Putting God first in every area of your life.)

Work together to memorize the Verse of the Month: ***Matthew 6:33***



Discuss This Week's Building Block:

The Model Prayer, or the Lord's Prayer, is recorded in the Sermon on the Mount (Matthew 6:9-13) and again in Luke 11:2-4.

Everyday Extras:

Tape small treasures (toy coins, paper hearts, smiley face stickers, small pieces of candy, etc.) onto index cards. On the other side of the index card, include a Bible verse or action (Matthew 6:33, John 3:16, Thank God for something you love, tell God something you're worried about, name something more important than toys, etc.). Have a treasure hunt and let each person show his or her treasure. Look up the verses together or let the person do the action listed on the card.

Preschool Highlights:

Today your child learned Jesus said peacemakers are blessed because they will be called the children of God (Matthew 5:9). A peacemaker doesn't like to argue or fight but instead tries to make peace with others. Your child heard a story when Annie Webster tried to be a peacemaker when her brother and sister were arguing. **The Bible Teaches Me** to be a peacemaker.

Family Theme | **A Solid Foundation** Date | **October 5, 2025**

Study Text | **Matthew 7:1-29**

Read the Word: Matthew 7:1-29

Disciple Your Family: Discuss how to keep taking prayer requests to the Father and keep choosing to live the way Jesus instructed us to.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Deal With Your Own Faults Before Correcting Others (Matthew 7:1-6)

APPLY: Evaluate your conduct and others' conduct by the teachings of God's Word.

- Some evaluation or "judging" is necessary for us to determine how we can best help people. How is that different from the kind of "judging" Jesus referred to in this passage?

APPLY: Consider and deal with your own faults before you try to correct others.

- What are some things we can do to have a right perspective about ourselves so we can be helpful to others? (Ask God to reveal our own faults; practice regular repentance; stay in the Word; etc.)

APPLY: Be humble and helpful instead of hurtful when helping others change.

- What was Jesus really warning about in this passage? (A prideful and judgmental attitude that looks down on others.)
- Describe the attitude we should have when we confront someone else about sin. How should we respond when someone confronts us about our sin?



Key Truth: Be Persistent in Prayer (Matthew 7:7-12)

APPLY: Take time daily to take your needs to God in prayer. Keep asking, seeking, and knocking.

- What do you find encouraging in verses 7-11?
- If you are not spending enough time in prayer, how could you make time in your schedule to pray more often?

APPLY: Treat others as you would like to be treated.

- We are to treat others as we would like to be treated. How does this principle simplify the Christian life?
- How can we put this into practice when dealing with people who are rude to us or people who want nothing to do with us?



Key Truth: Choose to Live God's Way (Matthew 7:13-29)

APPLY: Make sure you sit under the preaching and teaching of godly believers. Beware of false teachers.

- What kinds of false teachings have crept into today's churches?
- There are some who argue we shouldn't "judge" false teachers or false doctrine. What did Jesus say about false teachers in this passage?

- What is some “fruit” you might see in a godly teacher’s life? In a false teacher’s life?

APPLY: Go beyond hearing God’s Word to put it into practice.

- In verses 24–27, what happens if we put God’s Word into practice? What happens if we don’t put it into practice?

Build a Foundation: Discussion questions for elementary students.

- What does a wise person build his or her faith upon and what does a foolish person build upon?
- What happens when difficult times happen to the person who has built his or her faith upon a solid foundation? What about for the person who has not?
- What are some ways to build your faith on a solid foundation?

Work together to memorize the Verse of the Month: *Philippians 4:4*



Discuss This Week’s Building Block:

The Lord’s Prayer, or the Model Prayer, gives us an example of how to pray in a way that pleases God. It begins with acknowledging who God is.

Everyday Extras:

Place some flour (sand in the story) in one baking dish and place a piece of cardboard (rock in the story) in another. Allow family members to use Lego® blocks to build a house on the flour and on the cardboard. Gently pour water on both houses and talk about which house stayed strong. Remind family members to build a life of faith with Jesus as the foundation. When storms (the hard times of life) happen, the strong foundation will help keep you grounded in your faith.

Preschool Highlights:

Today your child learned Paul was arrested for telling others about Jesus and put in prison for two years. He was then sent to Rome by ship to share his story with the emperor, but the ship was caught in a storm. An angel appeared to Paul and told him the ship would wreck, but everyone would be saved. God was with Paul and **God Is With Us All the Time.**

Read the Word: Philippians 1:1–30

Disciple Your Family: Discuss ways we can spread the gospel and honor Christ.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Christians Seek Ways to Spread the Gospel Message (Philippians 1:1–18)

APPLY: Partner with your church, with missionaries, and with other believers to spread the gospel.

- *How can we partner in the gospel with other believers?* (Share the gospel with people we meet; support pastors and missionaries who are spreading the gospel; give to and support the ministries of our local church; etc.)
- *Why is it easier to partner with others to spread the gospel rather than go at it alone?*

APPLY: Continue to grow in love, faith, and holiness, bearing fruit for God's glory.

- *What can we do to continue growing in love, faith, and holiness? How does that help us bear fruit for God's glory?*
- *In verse 9, Paul wrote about discernment. Why is discernment so important in today's world?*

APPLY: Look for ways to use every circumstance, whether good or bad, to advance the gospel.

- *Why can believers have joy and advance the gospel, even in difficult circumstances?* (God uses difficulty for our good and His glory; the way we handle difficulty can be a witness for Christ; etc.)
- *What are some good things in life that allow us to point others to Christ? What are some bad things in life that allow us to point others to Christ?*



Key Truth: Christians Honor Christ in Life or Death (Philippians 1:19–30)

APPLY: Live in a way that is worthy of Christ and the gospel.

- *What does it mean to live in a way that is worthy of Christ and the gospel?* (We avoid and shun sin and practice what is good and right as Christ would.)

APPLY: See life as an opportunity to serve and glorify your Savior, and death as going to be with Christ in Heaven.

- *What did Paul mean when He said to live is Christ and to die is gain?* (For the believer, life is about knowing and serving Christ. Death is gain for the believer because we go to be with Christ.)
- *Compare Paul's perspective to those who have no hope beyond this world. Why is hope so important for Christians?*

APPLY: Do not be intimidated by adversaries or difficulties you face because of living for Christ. View suffering for Him as a privilege.

- *How do you think Christ would want you to respond when difficulties come?*

- *If God often works in our lives through trials, why do you think we so often seek comfort and security?*
- *How can a believer prevent bitterness and anger from being present during difficult seasons of life?*

Build a Foundation: Discussion questions for elementary students.

- Where was Paul when he wrote his letter to the believers in Philippi? (In prison.)
- What is joy and how is it different from happiness? (Joy is the delightful contentment that comes from knowing Jesus. Happiness is a temporary feeling based on circumstances.)
- How can you have joy when you go through hard times?

Work together to memorize the Verse of the Month: ***Philippians 4:4***



Discuss This Week's Building Block:

Adoration, confession, thanksgiving, and supplication (requests) are included in Jesus' Model Prayer.

Everyday Extras:

Remind family members joy is delightful contentment from knowing Jesus and happiness is a temporary feeling based on circumstances. Name some different scenarios and brainstorm ways to have joy in them. Discuss ways that Jesus could be glorified and how each situation could be used as an opportunity to share Him with others. Pray that each family member would choose joy even in hard times.

Preschool Highlights:

Today your child learned just as the angel said, the ship was wrecked, but all 276 people swam or floated to a nearby island. God was with Paul when he was bit by a poisonous snake and God used Paul to heal the island chief's father and others on the island. Just as God was with Paul, **God Is With Us All the Time** too.

Family Theme | **Christ's Example** Date | **October 19, 2025**

Study Text | **Philippians 2:1-18**

Read the Word: Philippians 2:1-18

Disciple Your Family: Discuss how we can follow Christ's example of humility by putting others first and putting God's Word into practice.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Believers Follow Christ's Example of Humility (Philippians 2:1-11)

APPLY: Maintain unity with other believers.

- *According to verse 2, what does Christian unity look like?* (Having the same basic outlook or mindset; having the same unconditional love for one another; being united in spirit with the same purpose; etc.)

APPLY: Like Christ, show humility by considering others as more important than yourself. Consider their interests as well as your own.

- *How did Christ demonstrate humility in His thoughts and actions?*
- *What humble mindset are we called to have toward others? How does this contribute to unity?* (We are to consider others' interests ahead of selfish considerations. This helps us work together and focus on what God wants us to do; etc.)
- *Practically speaking, what does it look like for a person to humble himself or herself?*
- *What are some examples of ways we can put others' interests ahead of our own?* (Letting someone go ahead of us in traffic; agreeing to do something another way instead of our way; spending time helping someone when we would rather be doing something else; etc.)

APPLY: Recognize that Jesus was both fully God and fully man. He humbled Himself to die for us on the cross.

APPLY: Bow before Jesus and acknowledge that He is Lord of all.

- *How should it affect our lives to acknowledge that Jesus is Lord of all?*



Key Truth: Believers Put Into Practice What God Is Working Into Their Lives (Philippians 2:12-18)

APPLY: Don't do good works to try to earn salvation, but put into practice what God is working into your life.

- *God is constantly at work to make us more like Christ. What is He teaching you that needs to be put into practice?*
- *How are you seeing God at work in your life right now?*

APPLY: Live in ways that are above criticism and thoroughly wholesome in character.

- *In what situations do you find it most difficult to obey what the Bible says?*

- *Why is it important for us to live above criticism and be thoroughly wholesome in character? (It gives the world nothing to blame us for; it shines a light on the sin of the lost world and the difference it makes to know Christ; etc.)*
- *How can we make sure what we're learning goes beyond Sunday and influences every aspect of our lives?*
- *In verse 18, Paul called on his readers to rejoice with him. How can we rejoice with each other? How often should this happen?*

Build a Foundation: Discussion questions for elementary students.

- How is Jesus' example of humility and selflessness different from what the world reinforces?
- What does it mean for believers to let their light shine and why is it important for them to do so?
- What are some ways you can follow Jesus' example when you are tempted with feelings like anger and selfishness or want to choose wrong words and actions?

Work together to memorize the Verse of the Month: *Philippians 4:4*



Discuss This Week's Building Block:

The believer has a responsibility to pray for the needs of others. This is called intercessory prayer.

Everyday Extras:

Play a few rounds of "Follow the Leader." Discuss these questions with family members: What makes a good leader? Who are some people you think are good leaders and why? Do you think you are a good leader at home? At school? At church? What qualities do you think you have that someone would want to imitate? Remind family members that, as humans, no one is perfect. Only Jesus is and He is the One whose example we should be following and demonstrating.

Preschool Highlights:

Today your child learned joy is a feeling of peace and happiness that comes only from God. Paul wrote to the believers in Philippi to tell them he was praying they would stay strong, continue to make good choices, and do all things with a heart filled with joy. Paul chose to be joyful wherever he was, and **I Can Choose to Be Joyful** too.

Family Theme | **Christ's Provision** Date | **October 26, 2025**

Study Text | **Philippians 3:1–21; 4:10–20**

Read the Word: Philippians 3:1–21; 4:10–20

Disciple Your Family: Discuss how seeking to know Christ better brings joy, peace, and contentment.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Christ Provides Everything Needed for Salvation for Those Who Know and Trust Him (Philippians 3:1–21)

APPLY: Be joyful because of all that Christ has done for you.

- *Why should every Christian be joyful no matter their circumstances?*

APPLY: Put no confidence in your own righteous acts and accomplishments. Trust in Christ alone to save you.

- *Give some examples of how some people today try to depend on their own righteous works to be right with God. (Other religions teach that people must do certain works to earn favor with God, or a combination of doing certain works and holding to certain beliefs; some believe salvation comes if our good works outweigh our sinful works; etc.)*
- *In verse 7, Paul stated that whatever gain he had, he counted it as loss for the sake of Christ. Why is this a difficult mentality to have in today's world?*

APPLY: Make knowing Christ your greatest passion and priority.

- *Why should knowing Christ be the highest on our priority list?*
- *What was Paul talking about in verse 13 when he spoke of "forgetting what lies behind"? How do shame and guilt try to thwart this?*
- *How can we "press on" to know Christ? (Spend time in Bible reading and prayer; avoid getting caught up in the things of the world; put His Word into practice; etc.)*

APPLY: Follow the example of faithful believers but avoid false teachers and their teachings.

- *Why is it important to have mature believers in our lives who we can imitate as they serve Christ? (It encourages us to do the same; it gives us someone to be accountable to; etc.)*



Key Truth: Christ Provides Strength and Contentment in Any Circumstance (Philippians 4:10–20)

APPLY: With the Lord's help, learn to be content in all circumstances, including the tough ones.

- *What is the difference between contentment and complacency?*
- *Why can believers be content no matter their circumstances? (Christ becomes more important to them than their circumstances; they know God uses all circumstances to grow us and teach us; they know the glory of Heaven awaits; etc.)*
- *What is the difference between being content in every situation and being happy?*

- We often hear verse 13 used in the context of athletics or competition. What is the proper context of the verse? How can we apply it to our lives?

APPLY: Partner with your church, with missionaries, and with other ministries to share the gospel and disciple others.

- What do we learn from these verses about how God views the gifts and support that are given to support His work? (These gifts and support are acceptable and pleasing to God; God provides for those who sacrifice and give to His work; etc.)
- What opportunities do you have to help meet people's needs, both within the church and outside the church?

Build a Foundation: Discussion questions for elementary students.

- Why is it important to know Jesus?
- What are some ways Satan keeps you from knowing Jesus and growing your relationship with Him?
- How was Paul able to be content in every situation? How can you learn to follow his example in your life?

Work together to memorize the Verse of the Month: *Philippians 4:4*



Discuss This Week's Building Block:

God answers prayer according to His will. He might answer yes, no, or later.

Everyday Extras:

Go to the home bonus tools at www.d6family.com to download instructions for the Distraction Dash game to play with your family. Talk about the different things that can keep us from knowing Jesus as well as ways to fight against those distractions. Why does Satan throw those distractions at us? When is he successful and what are some ways to say "no" to his temptations? Close with prayer asking God to help each family member stay focused on knowing Jesus and for strength to press on every day.

Preschool Highlights:

Today your child learned Paul wrote to the believers in Philippi to tell them to rejoice in the Lord always. Paul was able to do that because his focus was living for Jesus. We make Jesus our focus when we pray, think on good things, and choose to be joyful. Paul chose to be joyful in good times and bad. **I Can Choose to Be Joyful** in every situation like Paul did.