

**Read the Word:** Matthew 5:1-16

**Disciple Your Family:** Discuss how to be salt and light to those around us and live out the godly principles of the Beatitudes.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



**Key Truth: Find True Happiness by Taking On and Living Out Godly Attitudes (Matthew 5:1-12)**

**APPLY:** Find happiness and blessing by allowing Jesus to develop godly attitudes in you.

- *How do these godly attitudes conflict with the attitudes and values of the world?*
- *Why do these attitudes bring true happiness? (They align with the way God made us and the purpose He has for our lives.)*

**APPLY:** Evaluate yourself for the presence and strength of these attitudes.

- *What role does humility play in the Beatitudes? Why is pride in direct conflict with the things Jesus mentioned?*
- *Which attitudes need to grow stronger in you? What can you do to help make that happen?*
- *Some of the Beatitudes involve suffering. How should Christians view suffering?*

**APPLY:** Ask those closest to you to help you determine where you need to grow in these attitudes.

- *Which attitudes would those around you say are strengths for you? Which would they say are weaknesses?*



**Key Truth: Glorify God by Being Salt and Light to Those Around Us (Matthew 5:13-16)**

**APPLY:** Like salt, flavor your life and relationships with kingdom values and preserve those values in the midst of the sin around us.

- *What does it look like to flavor our lives and relationships with kingdom values? How can we help preserve those values?*
- *What should be a Christian's role in trying to influence the culture?*
- *Is it simply enough to lead by example, or are we called to do more to influence the world around us? Explain.*

**APPLY:** Shine the light of godly values for all to see.

- *What do we learn from the word pictures Jesus used in verses 14-15?*
- *What do we mean when we say we should shine our light for all to see?*
- *How might shining our light influence our family, friends, and coworkers?*

**Build a Foundation:** Discussion questions for elementary students.

- What do we call the eight attitudes Jesus taught in His Sermon on the Mount? (Beatitudes)
- How are the attitudes Jesus taught different from the attitudes the world encourages?
- Why is demonstrating the right attitudes important to your testimony?

Work together to memorize the Verse of the Month: **Matthew 6:33**



**Discuss This Week's Building Block:**

Jesus' best-known sermon, the Sermon on the Mount, is recorded in Matthew 5–7.

**Everyday Extras:**

Talk with your family about the different characteristics given in Matthew 5:1–16. Write them on Post-it notes and place them in prominent areas around your home so you will see them as a reminder of the attitudes we should display. Encourage each other to be salt and light in the world.

**Preschool Highlights:**

Today your child learned Jesus taught His disciples and others who came to hear Him speak about attitudes we should have in our lives—the Beatitudes. Matthew 5:4 says, *Blessed are those who mourn* (the feeling when someone we love dies or is lost), *for they shall be comforted*. **The Bible Teaches Me** Jesus will comfort me when I am mourning.