

Family Theme | **Lessons From the Life of Ruth**      Date | **March 9, 2025**  
Study Text | **Ruth chapters 1-4**

**Read the Word:** Ruth chapters 1-4

**Disciple Your Family:** Discuss how to put life lessons from Ruth into action.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



**Key Event: Ruth Was Loyal and Kind to Naomi (Ruth 1:1-22)**

**LIFE LESSON 1:** Loyal friends and family support and sustain each other during difficult times.

- *How have you seen friends, family, and church family support each other during difficult times? Who needs support right now?*
- *Romans 12:15 tells us to rejoice with those who rejoice, and weep with those who weep. What does it look like to put that verse into action?*



**Key Event: Ruth Worked Hard to Meet Her and Naomi's Needs (Ruth 2:1-23)**

**LIFE LESSON 2:** We should show kindness to people in need as God has shown kindness to us.

- *In what ways has God shown His kindness to you? How has that changed your life?*
- *People are in need all around us. How can we help those in need?*
- *How should the church step in to take care of widows and orphans?*



**Key Event: Ruth Put God's Word Into Action (Ruth 3:1-18)**

**LIFE LESSON 3:** Always put God's Word into action.

- *Why is it always best to obey God's Word and put it into practice?*
- *Why will God's ways always be better than what the world offers?*



**Key Event: God Redeemed and Blessed Ruth and Naomi (Ruth 4:1-22)**

**LIFE LESSON 4:** God is often orchestrating our rescue in the midst of our pain. Trust Him.

- *Why can we trust God when we face difficulty?*
- *How easy is it for you to trust God when you don't see or feel Him working? How can remembering what He's done in the past increase your faith in Him now?*
- *How has God turned your bitterness into joy?*

**LIFE LESSON 5:** Praise and thank Jesus for becoming our kinsman-redeemer by taking on flesh, living among us, and dying to redeem us from our sins.

- *Why was Jesus able to redeem us?*
- *How will you thank Jesus for redeeming you?*

***Build a Foundation:*** Discussion questions for elementary students.

- What are some difficulties Ruth and her mother-in-law, Naomi, experienced and how did God provide for them?
- What is a kinsman-redeemer?
- Who is our Redeemer?

Work together to memorize the Verse of the Month: ***1 Samuel 12:24***



***Discuss This Week's Building Block:***

The books of the Bible are not arranged in chronological order. Their chapter and verse divisions were added many years later for our reading convenience.

***Everyday Extras:***

Talk about the unusual custom involving a sandal from today's lesson. Share some traditions you had as a child and talk about some of your family's traditions. Consider starting a new tradition for your family such as planting flowers on March 12 (Plant a Flower Day), making homemade popcorn together on Popcorn Lover's Day (Second Thursday of every March), or learning a new verse together as a family each month. Be sure to make a note so you will continue the tradition every year.

***Preschool Highlights:***

Today your child learned Boaz wanted to be Ruth's family redeemer—the person who cared for her. But there was another family member who could first be her redeemer. The man said Boaz could be Ruth's redeemer. Boaz and Ruth married and had a baby boy. Naomi was a grandmother. God took care of Naomi and Ruth, and **God Takes Care of Me.**