

Family Theme | **Christ's Example**      Date | **October 19, 2025**  
Study Text | **Philippians 2:1-18**

**Read the Word:** Philippians 2:1-18

**Disciple Your Family:** Discuss how we can follow Christ's example of humility by putting others first and putting God's Word into practice.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



**Key Truth: Believers Follow Christ's Example of Humility (Philippians 2:1-11)**

**APPLY:** Maintain unity with other believers.

- *According to verse 2, what does Christian unity look like?* (Having the same basic outlook or mindset; having the same unconditional love for one another; being united in spirit with the same purpose; etc.)

**APPLY:** Like Christ, show humility by considering others as more important than yourself. Consider their interests as well as your own.

- *How did Christ demonstrate humility in His thoughts and actions?*
- *What humble mindset are we called to have toward others? How does this contribute to unity?* (We are to consider others' interests ahead of selfish considerations. This helps us work together and focus on what God wants us to do; etc.)
- *Practically speaking, what does it look like for a person to humble himself or herself?*
- *What are some examples of ways we can put others' interests ahead of our own?* (Letting someone go ahead of us in traffic; agreeing to do something another way instead of our way; spending time helping someone when we would rather be doing something else; etc.)

**APPLY:** Recognize that Jesus was both fully God and fully man. He humbled Himself to die for us on the cross.

**APPLY:** Bow before Jesus and acknowledge that He is Lord of all.

- *How should it affect our lives to acknowledge that Jesus is Lord of all?*



**Key Truth: Believers Put Into Practice What God Is Working Into Their Lives (Philippians 2:12-18)**

**APPLY:** Don't do good works to try to earn salvation, but put into practice what God is working into your life.

- *God is constantly at work to make us more like Christ. What is He teaching you that needs to be put into practice?*
- *How are you seeing God at work in your life right now?*

**APPLY:** Live in ways that are above criticism and thoroughly wholesome in character.

- *In what situations do you find it most difficult to obey what the Bible says?*

- *Why is it important for us to live above criticism and be thoroughly wholesome in character? (It gives the world nothing to blame us for; it shines a light on the sin of the lost world and the difference it makes to know Christ; etc.)*
- *How can we make sure what we're learning goes beyond Sunday and influences every aspect of our lives?*
- *In verse 18, Paul called on his readers to rejoice with him. How can we rejoice with each other? How often should this happen?*

**Build a Foundation:** Discussion questions for elementary students.

- How is Jesus' example of humility and selflessness different from what the world reinforces?
- What does it mean for believers to let their light shine and why is it important for them to do so?
- What are some ways you can follow Jesus' example when you are tempted with feelings like anger and selfishness or want to choose wrong words and actions?

Work together to memorize the Verse of the Month: *Philippians 4:4*



### **Discuss This Week's Building Block:**

The believer has a responsibility to pray for the needs of others. This is called intercessory prayer.

### **Everyday Extras:**

Play a few rounds of "Follow the Leader." Discuss these questions with family members: What makes a good leader? Who are some people you think are good leaders and why? Do you think you are a good leader at home? At school? At church? What qualities do you think you have that someone would want to imitate? Remind family members that, as humans, no one is perfect. Only Jesus is and He is the One whose example we should be following and demonstrating.

### **Preschool Highlights:**

Today your child learned joy is a feeling of peace and happiness that comes only from God. Paul wrote to the believers in Philippi to tell them he was praying they would stay strong, continue to make good choices, and do all things with a heart filled with joy. Paul chose to be joyful wherever he was, and **I Can Choose to Be Joyful** too.